



Early Childhood Newsletter

Monthly Highlight from Creative Curriculum

Outdoor Play

What We Do and Why

Physical exercise and fresh air are important for your child's health and well being. We take children outdoors every day so they can run, jump, swing, climb, and use all the large muscles in their bodies. They run around, breathe in the fresh air, look at the clouds, or catch a ball or a bug. They lie on the ground and watch clouds and birds, or they climb high and look down. We also talk about the things children see, hear, touch, and feel so they become aware of changes in the weather, the seasons, the growth of plants, and the animals. Playing outdoors your child can learn

- to notice and appreciate changes in nature
- to discover how water puddles after a rain and disappears when

the sun comes out

- to follow shadows around
- to use his or her body in increasingly skillful ways

We encourage children to wonder about what they see by asking questions:

What do you notice?

Where do you think they are going?

How are they different or the same?

What You Can Do at Home

Fresh air and exercise are very important to your child's health, and to yours. Try to spend time with your child outdoors every day except when the weather is dangerous. Take walks in your neighborhood, go to parks together, explore nature with your child. Watch what your child notices and show you too are interested.

Children love to collect things

and then play with them, sort them, and make patterns with them.

Bring along a container or plastic bag when you go outdoors so your child can collect treasures

along the way—seeds, leaves, rocks—and bring them home to examine. You also can plan special activities outdoors. Here are some ideas:

- Bring drawing paper and crayons outside so children can draw what they see.
 - Take a pail of water and large brushes so your child can paint the sidewalk or fence.
 - Bring colored chalk, which is perfect for sidewalk art.
 - Play catch with balls of all sizes.
 - Bring bubble-blowing solution and different-shape blowers.
- Make time each day to be outdoors with your child, exploring, making discoveries, and appreci-

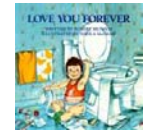
June
2010

Author Studies:



Eric Carle

Robert Munsch



Rodeo

Roundup at the Fair



May 31-June 11

Color: Orange

Shape: Circle

Number: 11

Letters: I and D



It's A Zoo Around Here

June 14-25

Color: White

Shape: Square

Number: 12

Letters: Z and A

Getting Set for Summer!

Summer is fast approaching! The weather will be getting warmer, the days will be even longer and the sun will hopefully shine more and more each day. As we prepare for summer, please remember how the change in season affects your child.

Each child will need their own labeled bottle of sunscreen to keep at the center. Parents or guardians will need to sign a release form stating that our staff at YES can apply sunscreen daily. Also, please remember to pack one or two extra sets of seasonally appropriate clothing for accidents or spills. If your child is sent home in YES child care center clothes, please remember to wash and return them. You may also want to send a light jacket for morning outside times as it is still cool in the mornings.



We hope you all have a fun and safe summer!



Character Counts



Fairness is playing by the rules, taking turns, sharing and listening to what others have to say. Fair people do not take advantage of others. They consider all sides before they decide, and they don't blame other people for something they did not do.

What Parents can do to promote fairness:

- Children become sensitive to issues of fairness very early, especially when they are on the receiving end. Be sure to teach that fairness is as important when you are giving as well as getting. Role playing (pretending) can be very effective if you put your child on both sides of the situation.
- Be mindful about treating children fairly and showing favorites.
- Encourage fairness by praising demonstrations of sharing and taking turns, and by using the words "you are being fair."
- Listening to your child is a matter of both fairness and respect. Model good listening.
- Be very careful not to accuse or punish a child unfairly. Remember that a punishment that is

June Bookmobile Schedule

River Crossing: 9:00—10:00

June 2, 16, and 30th

14th Street: 10:15—10:45

June 9, and 23rd

Eastside Learning Center: 11:15 to 12 noon

June 8, and 22nd



Remember to send your child's library card. If your child does not have a library card, ask your child's teacher for information. You can fill all the necessary information out at your center to get a library card for your child. What a great opportunity for your child to get new books to bring home to share and read.