YES Youth Enrichment Services
Caring. Preparing. Enriching.

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~ February 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Toast, Mandarin Oranges, 1% Milk Hamburger w/Bun, Peas, Diced Peaches, 1% Milk Snack: Cheese slices, Saltines & Water	2 Pancakes, Diced Pears & 1% Milk Chicken & Stuffing Casserole, Diced Carrots, Fruit Cocktail & 1% Milk Snack: Zoo Crackers & 1% Milk	3 Tasty O's Cereal, Pineapple Tidbits & 1% Milk Mini Turkey Corndog, Waffle Fries, Apple Wedges & 1% Milk Snack: Bagel with Cream Cheese & Orange Juice	4
5	6 Toast, Bananas & Milk Chicken Nuggets, Broccoli w/Ranch Dip, Diced Peaches & Milk Snack: Elf Grahams & Milk	7 Muffin, Fruit Cocktail & 1% Milk BBQ w/Bun, FF, Pineapple Tidbits & 1% Milk Snack: Soft Pretzels w/Cheese Sauce & 1% Milk	8 Cinnamon Toasters Cereal, Applesauce & 1% Milk Tuna & Noodles, Peas, Mandarin Oranges & 1% Milk Snack: Townhouse Crackers, Apples & Water	9 French Toast, Pineapple Tidbits & 1% Milk Tatar Tot Casserole, Green Beans, Bread, Diced Pears & 1% Milk Snacks: Yogurt, Graham Crackers & Water	10 Oatmeal, Diced Peaches & 1% Milk Turkey Melt, Potato Salad, Applesauce & 1% Milk Snack: Bread Sticks with Pizza Sauce & 1% Milk	11
12	13 Toasty O's, Diced Peaches & 1% Milk Fish sticks, Coleslaw, Fruit Cocktail & 1% Milk Snack: Cheese Slices, Saltines & Water	14 Pancakes, Applesauce & 1% Milk Spaghetti, Breadstick, Green Beans, Pineapple Tidbits & 1% Milk Snack: Raisin Bread w/cinnamon & 1% Milk	15 Egg Bake, Toast, Banana & 1% Milk Chicken & Rice, Diced Carrots, Diced Pears & 1% Milk Snack: Goldfish & Apple Juice	16 Tootie Fruities Cereal, Pineapple Tidbits & 1% Milk Nachos, Romaine Salad w/Ranch Dressing, Diced Peaches & 1% Milk Snack: Animal Crackers & 1% Milk	17 English Muffins, Fruit Cocktail & 1% Milk Grilled Cheese, Mixed Vegetable, Applesauce & 1% Milk Snack: Trail Mix & 1% Milk	18
19	20 French Toast, Diced Pears & 1% Milk Chicken Breast Sandwich, Carrot Sticks, Pineapple Tidbits & 1% Milk Snack: Soft Pretzel w/Cheese Sauce & 1% Milk	21 Biscuits & Gravy, Applesauce & 1% Milk Hamburger Rice Casserole, Diced Beets, Diced Peaches & 1% Milk Snack: Cereal Bar & 1% Milk	22 Egg & Cheese Muffin, Pineapple Tidbits & 1% Milk Cheese Pizza, Green Beans, Mandarin Oranges & 1% Milk Snack: Jelly Sandwich & 1% Milk	23 Bagel, Diced Peaches & 1% Milk Meatballs, Mashed Potatoes, bread, Fruit Cocktail & 1% Milk Snack: Cheese It Crackers & Apple Juice	24 Kix Cereal, Orange Slices & 1% Milk Chicken Tacos, Lettuce Salad w/.Ranch, Applesauce & 1% Milk Snack" Cornbread & 1% Milk	25
26	27 Breakfast Burrito, Diced Peaches & 1% Milk Mac n Cheese, hot Dog, Green beans, Fruit Cocktail & 1 % Milk Snack: Chips & Salsa & Apple Juice	28 Crispy Rice Cereal, Banana & 1% Milk Chili, Saltines, Diced Pears & 1% Milk Snack: Sugar Cookies & 1% Milk	29 Cinnamon Rolls, Fruit Cocktail & 1% Milk Chicken Quesadilla, Corn, Pineapple Tidbits & 1% Milk Snack: String Cheese, Townhouse crackers & Water	**Notes: Bright Day Café** info@youthenrichment.org www.youthenrichment.org **Children 12-24 months receive Whole Milk…Others receive 1%.** **Menu is subject to change.** 		